**The Annual South Downs Run Information**

We are  holding our 35th South Downs Run on Sunday 7th September and we would like to invite you to come along and join us for this popular run along the South Downs.

This year we will again start from **The Southdowns Gliding Club**, Cootham.  Nr. Storrington **RH20 4HP**.  This venue proved to be very successful last year.

Bacon Rolls (Pre-booking only) will be available again this year from the Club House and will include a Hot Drink at £5.00 each.  Payment to be made at time of booking (see booking form).  Tea, Coffee and Cold Drinks will be available to purchase on the day.

The route generally meanders along the lee of the South Downs reaching the finish point at the Western Lawns on the seafront at Eastbourne. There are numerous pubs and coffee locations all along the route making this an opportunity to enjoy the whole outing at a leisurely pace to suit your mood. Once again awaiting you at Eastbourne will be ‘The Boulevards’ rock and roll band playing a mixture of 50’s and 60’s music to give your arrival its deserved ambiance. www.theboulevardsband.co.uk

The cost this year is £28.00 inclusive of a numbered rally plate and comprehensive route instructions and of course the entertainment at Eastbourne.

Please download our Registration Form which can be printed out to complete manually or it can be completed on your PC, unfortunately the Word document may not work properly on Android tablets or IOS Ipads

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Our preferred payment method is BACS (online banking) but payment can also be made by cheque, you will find the payment details on the registration form.

Any queries please either email:[.southdownsrun@gmail.com](mailto:.southdownsrun@gmail.com) or ring

Colin  07977 191056 or Margaret  07900 404732

It will be great to have you with us.

Regards,

The SDR Team.